



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Dear Parents,

YMCA Camp Campbell Gard is bed bug free and we plan on keeping it that way. Bed bugs are a nuisance and we work very hard at providing the best programming and retreat facilities in the area and we do not want this to detract from the wonderful experience.

For this reason, we do the following things to help ensure a clean facility;

- **Prior to your arrival, the cabins are cleaned and inspected. Besides our cleaning process, a licensed exterminator inspects regularly.**
- **We require that ALL campers pack clothing/bedding items in MESH LAUNDRY BAGS when coming to camp and before any camper places items in cabins - items are heated to help ensure that any bed bugs brought into camp are eliminated.**
- **Personal items such as toiletries, as well as any/all boots, shoes, flip-flops, etc. should be packed in zip lock bags and labeled, separate from the mesh bags.**

As our guest and camper family, you can help further prevent the spread of this nuisance by taking some of the following steps when you return home before taking your luggage into your house:

- Take your clothing/bedding directly from your vehicle to the washer and dryer (Two or three cycles in the dryer will reach the necessary heat level required to eliminate insects).
- Place your clothing/bedding in a black trash bag and place in the sun for a day or two and/or steam clean your items.
- Make sure any toiletry bags are also placed in the sun with your other clothing/bedding items.

From our discussions with licensed professionals and others who are dealing with bed bugs, we believe heat is the best way to ensure bed bug elimination. As parents ourselves, there is a time and place for the use of chemicals and we do utilize Steri-Fab on the mattresses if necessary.

We know these are not cure-all steps but we want to be as proactive as possible with our prevention.

Thank you so much for helping us in this endeavor as we continue to be a leader in dealing with this regional problem. We look forward to serving you again in the future and thank you for your cooperation and patronage.

Sincerely,

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